

UNDERWOOD POOL INFORMATION

June 23 – September 3, 2018

**PUBLISHED HOURS ARE FOR THE POOL FACILITY
POOL WILL BE CLEARED 15 MINUTES PRIOR TO CLOSING.
GATES WILL BE LOCKED PROMPTLY AT CLOSING TIME.**

HOURS ARE SUBJECT TO CHANGE, PLEASE CHECK THE FACILITIES SCHEDULE FOR DAILY INFORMATION

www.belmont-ma.gov/recreation or call 617-993-2768

PUBLIC SWIM HOURS:

Peak Season Schedule

June 23-August 17: Monday – Thursday 12-8 p.m. excluding Wednesday, July 4, opening at 10 a.m.
Friday, Saturday, Sunday 10 a.m. – 8 p.m. excluding Friday, July 6, opening at 12 noon

Late Season Schedule:

August 18-September 3, 10 a.m. – 7 p.m. DAILY

ADULT LAP SWIM Ages 16 and over
Dedicated time for adults and serious swimmers to enjoy the lap swimming Area of the pool

All Season: 4:45-5:30 p.m. M-F
July 10-Aug. 16 Tues, Wed, Thurs only
7:00-8:00 a.m.

**Toddler Time: 9-11 a.m. Mon-Thurs ONLY
(excludes July 4)
STRICTLY ENFORCED**

This is restricted to children 3 and under and to the zero entry and splash pad area of the pool.

No one may go past the first line in the shallow pool, this is restricted for lessons.

2018 FEES:

Payment at the pool or the Recreation Office is by check or cash ONLY. Credit Cards Online ONLY
Early purchase discount only applies to resident family membership

RESIDENT FEES:

Per Recreation Commission Policy:

- A resident family membership consists of no more than 6 people; parents/guardians and their children living at home. Non residents: 4 people, limit of 2 adults
- A resident membership is sold only to people who live in Belmont, not intended for people who are property owners or business owners. The resident's name must be on the Town census.
- *See Dept. website for additional restrictions, information and to view discounts*
www.belmont-ma.gov/recreation

Resident Family Membership: \$275. IF PURCHASED BY 4 P.M. 6/29/18 (\$300. At 4 P.M. 6/29/18)

Non-Resident Family Membership: \$500. (No early discount, limited to 125 memberships)

Individual Adult Membership:

Caregiver Pass: \$50

Resident: \$175 Non Resident: \$300

Individual Child Membership:

Seniors 65 and over: \$50. Annual pass

Resident: \$130. Non Resident: \$200.

Resident Day Passes:

Adult: \$10 Child: \$5 – a child is considered to be anyone from age 1(ONE) through high school

Child Multi Pack: \$12. (3 passes) Adult Multi Pack: \$25. (3 passes)

Resident Multi Pack: These passes are sold ONLY in the Recreation Dept. office, NOT at the pool. Cash or Checks only AND ONLY TO BELMONT RESIDENTS

Non-Resident Day Passes: All Ages: \$20.

Everyone who enters the pool area, including NON SWIMMERS, MUST have a membership or day pass NO EXCEPTION

SWIMMING LESSON SCHEDULE

SESSION DATES:

June 25-28, *July 2, 3, 5, 6, July 9-12, July 16-19,
July 23-26, July 30-Aug. 2, Aug. 6-9, Aug. 13-16

*class held on Friday instead of Wednesday

| Lesson Time | Levels Offered |
|--------------------|--|
| 10-10:30 a.m. | 1, 2, 3, 4 |
| 10:30-11 a.m. | 1, 2, 3, 4 |
| 11-11:30 a.m. | 1, 2, 3, 4 |
| 10-10:50 a.m. | 5-7 |
| 11-11:50 a.m. | 5-7 |
| 11:30 a.m.-12 noon | Toddlers (ages 6 months through age 3) |

*\$60. Per session/All levels

A current season membership is required

Important Information Pre-requisites for Levels

Level passing criteria may be found on the Recreation Department website

Toddlers:

Must be between 6 months and 3 years of age. Parents have the option of being in the water or not, depending on the child's ability and comfort.

Level 1:

Child must be able to pay attention for 30 minutes at a time

Level 2:

Swimmer should be able to kick through the water while holding onto a barbell or kickboard.

Swimmer must be able to hold their breath underwater for 10 seconds

Swimmer must feel comfortable and able to be in a supported back and stomach float

Level 3:

Swimmer must have a mastery of level 2 skills

Due to the foundational skills introduced in this level, it is common for children to repeat this level multiple times

Level 4:

Swimmer must have a mastery of level 3 skills

Level 5:

Swimmer must have a mastery of level 4 skills

Swimmer must have the endurance to swim for a 50 minute lesson

Level 6:

Swimmer must have a mastery of level 5 skills and will build on their endurance from level 5

Level 7:

Swimmer must have a mastery of level 6 skills

Swimmer must have prior experience with competitive swimming OR have passed level 6 at the Underwood Pool

This level will focus on endurance and technique

PRIVATE SWIMMING LESSONS

Private swimming lessons are available only in sessions of four (4) 30 minute lessons

Private (1 on 1 lessons) \$140.

Semi Private (2 students per instructor) \$200.

Semi Private (3 students per instructor) \$240.

Groups are not arranged by the Recreation Dept.

Swimmers in semi-private lessons must be at the same ability level



SUDDEN POOL CLOSINGS:

STORM RELATED CLOSING: Upon hearing thunder or observing lightning, the pool will be closed immediately. The pool will remain closed for 1 hour after the last sighting of lightning or last sounds of thunder.

OTHER POOL CLOSINGS: The pool, or sections of the pool, may have to be closed for other reasons as well: sanitary concerns, flooding or mechanical breakdown. There may be times when an area of the pool is closed for a short time for a specific activity, such as lap swimming, an exercise class or a game. Please respect the participants who are enjoying that activity and either use another section of the pool, or join in for some fun yourself. Pool management will notify patrons if these situations occur and give their best estimate as to the length of the pool closure.

PARKING:

Wellington School: When school is NOT in session, we encourage you to park at the Wellington School on School St, directly up the hill from the pool. These 75 parking spaces are closer and simpler than much of the Concord Ave street parking. (Note: The parking lot entrance is on Orchard St.)

Concord Ave Drop Off: There is a drop off zone on Concord Ave. You can drop off your family and gear at the drop off, and then we recommend parking at the Wellington School.

Cottage St: Parking is allowed ONLY on the right side of the street. Please be respectful of Cottage St. residents and DO NOT BLOCK DRIVEWAYS! Drop off is not allowed on Cottage St.

Bicycle Parking: Bike racks are available for up to 36 bikes. Please use the bike racks; bikes may NOT be locked to the pool fence.

STORAGE:

Lockers: Lockers are available for day use only...NO OVERNIGHT STORAGE!! Lockers will be cleaned out and the contents disposed of each evening.

Locks: You should provide a lock to protect your personal belongings. THE RECREATION DEPT. IS NOT RESPONSIBLE FOR LOST OR STOLEN PERSONAL BELONGING

MINIMUM SWIMMING REQUIREMENTS:

Lifeguard: Swimming is only allowed when a Recreation Dept. lifeguard is on duty.

Accompanied Children: Children ages 10 and under must be accompanied by an adult who possesses a membership tag or day pass.

Non-swimmers: Allowed in the shallow pool only

Water Slide: Children must be at least 48 inches tall to use the water slide unless they have passed the modified deep end test. Do you want to say more about this?

Deep End Test: You must pass a swim test to swim in the deep pool. Pool management will determine the deep end test course, which may include jumping or diving from the diving board. Swimmers who pass the deep end test will be given a wrist band, swimmers should wear that band anytime they are in the pool. Pool staff may spot test at any time to determine ability.

Requirement for the Deep End Test: Starts at the end of the handicapped ramp in the deep pool. Swim halfway down lane, tread water for 10 seconds, proceed to the end of that lane then back float for 10 seconds. Proceed toward diving board swimming under lane lines to the far right ladder. Jump or dive off diving board. All will be done without touching the bottom of the pool or the sides of the pool.



POOL, DECK & LOCKER ROOM SAFETY:

Showers: A cleansing shower is required before entering the pool. Please apply sunscreen 30 minutes before entering the pool. This protects YOU as well as the water quality in the pool

Rubber Pants: Children not yet toilet-trained MUST wear rubber pants in the pool. Pants are available for sale at the pool, \$3/pair.

Dangerous Behavior

Running, pushing, etc, in or out of the pool, is prohibited

Diving is allowed only in the diving area

Only feet first jumping allowed in the shallow pool

Diving is allowed only in the diving well area

Forward facing jumps/dives/flips ONLY off the diving board

Water Toys and Equipment

All floatation devices (life vests, noodles, etc.), snorkels and masks are **prohibited**

Fins are permitted while lap swimming only

Water guns are prohibited at all times.

Only small toys, like water balls and diving rings, are permitted

Only water balls will be allowed for throwing, **NO BEACH, TENNIS OR FOOTBALLS, ETC.**

Seating

Towels and blankets may be set up for sunbathing on the grass areas only, not on the pool deck

General Safety

CELL PHONES MAY NOT BE USED IN THE LOCKER OR REST ROOMS

Smoking is prohibited at all times on all pool property including grass areas and walkways

Pool Management has the right to invoke other restrictions if there is a safety risk

FOOD AND BEVERAGES:

Food and Drinks: Food and drinks are allowed only in the designated eating area. Patrons may bring food from home or order food to be delivered to the pool to be consumed in designated areas only. Coolers or open containers may not be stored in the eating or vending areas or on the deck.

Tables: Tables may not be reserved or held with towels or bags. They are first-come, first-served.

Cleanliness of this area is YOUR responsibility, please pick up after yourself. **Pizza boxes may not be discarded at the pool, they are CARRY IN/CARRY OUT! Thank you!**

Glass: NO GLASS CONTAINERS ANYWHERE ON POOL GROUNDS.

Happy Swimming See you at the Pool

Belmont Recreation Office

19 Moore St.

Belmont, MA 02478

Office: 617-993-2760

Email: recreation@belmont-ma.gov

Underwood Pool



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