



# got clutter?

Can you answer 'YES' to one or more of these questions?

- Is clutter affecting you at home, work, or in your relationships?
- Does clutter create safety issues in your home?
- Are you embarrassed or ashamed to have people in your home?

**THEN COME JOIN US FOR**



We provide a safe, supportive, and non-judgmental environment for you to learn, discuss, and develop practical skills and strategies for working with your clutter.

**\*\*\*No age or geographic restrictions.\*\*\***

## CAMP DATES

**Mondays: June 6 - Aug. 15 11:00am-12:30pm**

**Tuesdays: June 7 - Aug. 16 11:00am-12:30pm**

***PRE-REGISTRATION REQUIRED***

***CALL NOW* 978-624-2207**

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Camp Counselors: Marnie & Eileen

### *Camp Activity Options:*

- ◆ Goal Setting & Motivation
- ◆ Understanding Clutter
- ◆ ADD/ADHD & Clutter
- ◆ Depression & Clutter
- ◆ Non-Acquiring Shopping Trips
- ◆ Peer to Peer in Home Support
- ◆ Film & Discussion
- ◆ Field Day - Team Building

***Sponsored by: The North Shore Center for Hoarding and Cluttering***

**LOCATION: North Shore Elder Services 300 Rosewood Drive Suite 200 Danvers, MA 01923**